



## GOOD MORNING

WE HOPE YOU ARE FEELING RELAXED AND WELL RESTED FROM AN ENJOYABLE NIGHT'S SLEEP!

### LOOSE LEAF TEA SELECTION

#### Quintessentially English Breakfast

*A loose blend of Taylors of Harrogate Yorkshire Gold Blend*

#### Earl Grey

*Vibrant and punchy, bursting with bergamot and generously citrusy.*

#### Blackberry and Raspberry

*Fresh and fruity*

#### Lemon and Ginger

*A fiery ginger lemon*

#### Peppermint

*Immensely refreshing, intense and energetic*

#### Darjeeling

*Bright and aromatic, floral flavour*

### WELLNESS TEA SELECTION

#### Digestive Diva

*Egyptian camomile and peppermint leaves*

#### Ultimate Detox

*Green tea, green mate, gynostemma leaves, strawberry and papaya pieces*

#### Body Tonic

*Rosehip, anise, nettle, liquorice, cardamom, rooibos, clove, calendula and safflower*

#### Mind Restore

*Camomile, rooibos, lemon balm, lemon verbena, linden flowers, anise, cinnamon, oat straw, hops, passion flower and orange peel*

### FROM THE BUFFET

#### Cereals and granola (2,10)

*Fruit and fibre, rice crispies, corn flakes, bran flakes, granola*

#### Pastry selection (2,4,7,10,12,13)

*Croissant, pain aux raisin, pain au chocolat*

#### Toast (GF)

*Selection of preserves and butter*

#### Prunes infused with Earl Grey

#### Apricots infused with cinnamon

#### Yoghurt (7)

*Natural yoghurt and a selection of fruit yoghurts*

#### Whole fruit bowl

*Bananas, apples, oranges, pineapple, grapefruit*

#### Fruit platter

*Kiwi, pineapple, orange, watermelon*

#### Swinton Flapjack (2,7,10)

*Honey, nut and oats*

#### Bliss Balls (10,11,12,14)

*Chocolate or ginger*

#### Charcuterie selection

*Salami, mortadella, parma ham*

#### Cheese selection (7)

*Emmental, cheddar*

#### Smoked salmon (5)

*Served with lemon*

#### Hot selection of daily changing dishes

*Scrambled eggs, streaky bacon, American pancakes, French toast, giant beans, warm homemade crumpets*

### CHILDREN'S OPTIONS

#### American pancakes and toast (2,4,7)

*Selection of preserves and butter*

#### Eggs (2,4)

*Boiled or scrambled with soliders*

#### Small full English breakfast (1,2,4,13,14)

*As listed above*

### À LA CARTE DISHES FROM THE KITCHEN

#### Classic porridge (GF, VG, V)

*Choice of milk, honey, brown sugar or whiskey*

#### The full English breakfast (1,2,4,13,14)

*Yorkshire sausage, back bacon, field mushroom, black pudding, grilled tomato, hash brown, baked beans and eggs cooked to your preference; choose from either scrambled eggs, poached eggs or fried eggs*

#### Vegetarian breakfast (V,2,4,14)

*Grilled tomato, field mushroom, Heck vegetarian sausage, halloumi, hash brown, baked beans, vegan black pudding and eggs cooked to your preference; choose from either scrambled eggs, poached eggs or fried eggs*

#### Vegan breakfast (VG, V)

*Grilled tomato, field mushroom, Heck vegetarian sausage, hash brown, baked beans, spinach, vegan black pudding and spiced scrambled eggs*

#### Vegan spiced scrambled eggs (VG, V)

*Spiced scrambled tofu, spring onion, roast field mushroom on sourdough toast*

### EGG DISHES

#### Eggs Florentine (V)

*Hollandaise sauce, wilted spinach*

#### Eggs Benedict (2,4,7,13)

*Hollandaise sauce, Yorkshire ham*

#### Eggs Royale (1,2,4,5,7,13,14)

*Hollandaise sauce, smoked salmon*

#### Omelette (V)

*With your choice of fillings*

### FISH DISHES

#### Grilled kipper (4,5)

*Poached egg, lemon wedge*

#### Smoked haddock (4,5,7)

*Wilted spinach, poached egg, hollandaise sauce*

#### Dressed white crab (2,3,4)

*Mashed Avocado, poached eggs on toasted sourdough*

### COFFEE

*Freshly brewed from sustainable coffee producers and roasted locally at Rounton Coffee Roasters, Northallerton.*

#### Filter Coffee

*Fresh filtered coffee grounds and hot water*

#### Americano

*Espresso and hot water*

#### Cappuccino

*Espresso, steamed milk and frothed milk*

#### Café Latte

*Espresso and steamed milk*

#### Flat White

*Double espresso and steamed milk*

#### Double Espresso

*Double shot of espresso*

#### Hot Chocolate

*Hot chocolate and steamed milk served with cream*

*Please ask for soya milk or almond milk if required.*

### JUICES & WATER

#### Orange juice

#### Cranberry juice

#### Apple juice

#### Grapefruit juice

#### Tomato juice

#### Still or sparkling water

### PRICES

Choose from the buffet or an à la carte dish with juices and hot drinks £22.50

Choices from the buffet with an à la carte dish, juices and hot drinks £35.00

Children's (up to 12 yrs) are charged at half price.