



## AFTERNOON TEA

### Estate to Plate

Swinton Estate is proud to utilise the 'Estate to Plate' ethos in all its kitchens. Within the Parkland lies the four-acre Walled Garden (the largest hotel kitchen garden in the UK), that grows over 60 varieties of fruit, herbs and vegetables. You will often see chefs wandering into the garden to collect ingredients for the day.

Produce that can't be sourced from the Walled Garden is sourced from either the 20,000-acre Swinton Estate or local, Yorkshire suppliers, limiting food miles where possible.

You may notice that an ingredient is used more than once across our menu in different forms. Our chefs are creative and will get the most out of a single ingredient before moving on to the next bounty and allowing the previous to replenish for the next year.

Served Daily

AFTERNOON TEA		
Cream Tea	8.5	LOOSE LEAF TEA SELECTION Quintessentially English Breakfast 4.5 A loose blend of Taylors of Harrogate Yorkshire Gold Blend
Tea served with warm homemade scones, clotted cream and strawberry jam		
Full Afternoon Tea	9.5	Earl Grey 4.5 Vibrant and punchy, bursting with bergamot and generously citrusy
<i>Sandwiches</i>		
Wensleydale egg mayonnaise on tomato bread,		
Masham chicken coronation on white bread,		
Fountains Gold cheddar, celery and apple on	12	Blackberry and Raspberry 4.5 Fresh and fruity
malTED bread		
<i>Savoury</i>		
Swinton Estate sausage roll,		
Wye Valley salmon tartlet	35	Lemon and Ginger 4.5 A fiery ginger lemon
<i>Sweet</i>		
Warm homemade scones,		
cakes and tart		Peppermint 4.5 Immensely refreshing, intense and energetic
English Sparkling Afternoon Tea		
Enjoy a glass of English sparkling wine with your		
Full Afternoon Tea		Darjeeling 4.5 Bright and aromatic, floral flavour
Champagne Afternoon Tea		
Why not upgrade your Full Afternoon Tea with that all		
important glass of house champagne	+7.5	WELLNESS TEA SELECTION Digestive Diva 4.5 Egyptian camomile and peppermint leaves
Half a bottle of Taittinger Nocturne champagne		
<i>Taittinger Nocturne is a sweeter champagne, made</i>		
<i>from 40% Chardonnay and 60% Pinot Noir and Meunier</i>		
<i>from 35 vineyards. It is the result of several harvests</i>	+8	Ultimate Detox 4.5 Green tea, green mate, gynostemma leaves, strawberry and papaya pieces
<i>undertaken when the fruit had reached perfect</i>		
<i>maturity. The uniqueness of its mix and its long</i>		
<i>maturation period in the cellars gives it its fullness</i>	60	Body Tonic 4.5 Rosehip, anise, nettle, liquorice, cardamom, rooibos, clove, calendula and safflower
<i>and smoothness.</i>		
		Mind Restore 4.5 Camomile, rooibos, lemon balm, lemon verbena linden flowers, anise, cinnamon, oat straw, hops, passion flower and orange peel

COFFEE		
Freshly brewed from sustainable coffee products and roasted locally at Rounton Coffee Roasters, Northallerton.		
Filter Coffee	4.5	
Americano	4.5	
Cappuccino	4.5	
Café Latte	4.5	
Flat White	4.5	
Double Espresso	4.5	
Hot Chocolate	4.5	
All served with a sweet treat from the kitchen.		
Please ask for soya milk or almond milk if required.		
Please speak to a member of staff before ordering if you have any allergies or dietary requirements. We will accommodate where we can, however, we operate multi-use kitchens so cannot guarantee that there will be no traces of the allergen present in the kitchen.		
Gluten free and vegan options available.		